

# This is Preventive Medicine

## The Challenges We Face

Today, our healthcare system is burdened with rising costs and the health of our population is threatened by the ongoing rise in chronic diseases, addiction, the long-lasting impact of COVID-19, and the threat of future pandemics.

## The Prescription for a Healthier Nation: Preventive Medicine

Preventive medicine is an essential bridge between in-person care and population health



**100,000 lives** could be saved via preventive care each year in the U.S. (CDC)

**6 in 10** adults in the US suffer from preventable chronic diseases, and 4 in 10 adults have 2 or more chronic diseases (CDC)



**70% of deaths** from chronic diseases – such as heart disease, cancer, and diabetes – can be largely avoided with preventive care (CDC)

## Where is Preventive Medicine Practiced?



**Hospitals and Health Systems** - Serving local populations and communities with essential health solutions



**Research** - Fueling innovation to combat or prevent emerging public health issues



**Academia** - Preparing future leaders in health care with skills to take their careers to new heights



**Government Agencies** - Informing policy to make our communities healthier



**Cross Collaboration with Other Health Care Professionals** - Bringing valuable perspectives to evolve care delivery to the next level



**State and Local Health Departments** - Ensuring population health and safety via community efforts aimed at disease prevention and health promotion

## The Role of

ACPM

ACPM equips members with the knowledge, resources, and networks to create healthier communities and transform healthcare system(s), including addressing social determinants of health, health equity and disease prevention, as well as applying technology and practice innovations to improve public health.

## This is Preventive Medicine

We improve lives, change policy for the better, reshape systems, and create opportunities for the next leaders in health care to continue to prove that prevention is the best medicine.