

LET'S STOP HIV TOGETHER

“  
**I'm empowered  
when I take care  
of myself.**  
”

*“Taking care of myself means taking my HIV meds, going to the gym, and going to see my doctor. This helps me stay on my HIV treatment and know my self-worth.”*

— NICK FROM NASHVILLE, TENNESSEE

**BE EMPOWERED. GET IN CARE, STAY IN CARE, AND LIVE WELL WITH HIV.**

[cdc.gov/HIVTreatmentWorks](https://cdc.gov/HIVTreatmentWorks)



Ending  
the  
HIV  
Epidemic