

American College of Preventive Medicine

physicians dedicated to prevention

# American College of Preventive Medicine (ACPM) Annual Conference: Diabetes Prevention Skills-Based Workshop

## Background Information for Resident Recruitment

ACPM is offering an opportunity to preventive medicine resident(s) to participate in a skills-based workshop focused on approaches to diabetes prevention at *Preventive Medicine 2024* in Washington, DC, April 18-21.

### **Project Expectations from Resident**

ACPM would like to facilitate additional resident engagement in the Diabetes Prevention Skills-Based Workshop at our annual conference *Preventive Medicine 2024*. Residents participating in the Diabetes Prevention Skills-Based Workshop will assist in the development and execution of breakout sessions and other related activities.

- Active Participation: Residents are expected to actively participate in all aspects of the workshop, including session planning, breakout session development, note-taking, and report-outs.
- **Preparation:** Residents should familiarize themselves with the project overview, objectives, and key deliverables outlined by ACPM and CDC, and attend all session planning meetings.
- **Professionalism:** Residents are expected to conduct themselves professionally at all times during the conference and workshop activities.
- Collaboration: Residents will collaborate with project faculty in session planning and support.
- **Contribution:** Residents are encouraged to contribute their insights, ideas, and expertise to enhance the effectiveness of workshop activities.

### Compensation

In appreciation for service to ACPM, the faculty and the selected resident will receive the following in accordance with ACPM reimbursement policy:

- 1. Complimentary conference registration,
- 2. Lodging/Per Diem during the conference, and
- 3. Travel to and from the conference.

### **Selection Process and Timeline**

Residents who are interested in being considered for this opportunity should email Claire Gugerty <u>cgugerty@apcm.org</u> with their resume, cover letter and a brief description of why they are interested in this opportunity. Final selections will be made at the discretion of ACPM staff and lead faculty members, Dr. Liana Lianov and Dr. Nuria Lopez-Pajares. More than one resident may be selected to participate in the session.

February 15	ACPM launches call for volunteers in ACPM Newsletter.
February 15 - March 15	Interested residents send in their resume, cover letter and a brief description of why they are interested to <u>cgugerty@acpm.org</u> .
March 20	Resident is notified of selection.
March 20 - April 18	Resident participates in session planning and support.

April 18	Hold session at PM24.
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### **Additional Workshop Information:**

The goal of this workshop is to spotlight a multi-year CDC-funded initiative to support the implementation of innovative health system and community-based approaches to address and improve diabetes prevention in disproportionately affected populations, titled *Building Health Care Provider Capacity to Screen, Test, and Refer Disparate Populations with Prediabetes into the CDC's National Diabetes Prevention Program (DPP).* In collaboration with the American Medical Association and the Black Women's Health Imperative, this project provided funding and ongoing technical assistance to 3 separate health care organizations selected through an RFP process to design and implement successful practices to address prediabetes among Black and Hispanic women.

### **General Session Information**

- Scheduled Date/Time: Thursday, April 18, 2024, 8-10 AM
- Location: Omni Shoreham Hotel, Washington, DC
- **Presenters:** Dr. Liana Lianov and Dr. Nuria Lopez-Pajares [Project Faculty]; Madeline Brady, Paula Green-Smith, Janet Williams [Project Partners]

### **Session Goals/Desired Outcomes**

- Communicate ACPM's multi-year initiative to support the implementation of innovative health system & community-based approaches to address and improve diabetes prevention in disproportionately affected populations.
- Activate preventive medicine physicians and related partners to improve equity and reduce disparities in diabetes prevention by applying equity-informed approaches to screening, testing and referring disproportionately affected populations with prediabetes into the National DPP.
- Equip preventive medicine physicians with best practice tools to address prediabetes within health settings.

### **Learning Objectives**

- 1. Articulate evidence-based strategies to screen and test disproportionately affected populations and refer patients with prediabetes to the National Diabetes Prevention Program (National DPP) using a social-ecological approach.
- 2. Describe actionable tactics and tools to enroll and retain participants in the National DPP.
- 3. Describe promising practices and/or challenges in assessing and addressing social needs barriers in patients with prediabetes who are referred to the year-long National DPP lifestyle change program.

### **Proposed Session Format**

### Part 1: Presentation: Narrative Report, Storytelling Videos, Toolkit (55 minutes)

Objective: Context-building

Content: Project overview; Background, Approach, Methods, Findings

### Part II: Breakout/Discussion Session (60 mins)

Objective: Case study exercise and discussion

Content: Present case study on developing a prediabetes care pathway modeled after the diabetes toolkit framework, followed by break-out discussion groups

Format: Audience will rotate between 3 breakout groups with moderators assigned to each group to facilitate discussion – (10 minutes each for 30 minutes total)

### Report out on breakout discussions (30 minutes)

### Q&A/Wrap-Up (5 minutes)

#### Disclaimer

This presentation is supported by the American College of Preventive Medicine through a cooperative agreement (CDC-RFA-OT18-1802) with the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS). The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.