

Preventive Medicine 2009
Session 29: Positive Youth Development

American Board of Preventive Medicine (ABPM) Maintenance of
Certification (MOC)

EPIQ

SELF-ASSESSMENT Instructions and Answer Sheet
for ABPM Diplomates Board Certified in 1998 or Later



Personal Information:

Full Name: _____

Daytime Phone Number: _____

E-mail Address: _____

I am a member of ACPM

ACPM Number _____ (email jedwards@acpm.org for number)

Instructions:

- o Answer all of the self-assessment questions.
- o Mail in, fax or email the ENTIRE packet to ACPM:

American College of Preventive Medicine
ATTN: MOC/EPIQ
1307 New York Avenue NW, Suite 200
Washington, DC 20005
fax: 202-466-2662
mnath@acpm.org

- o Once processed, ACPM will report your credits directly to ABPM. Nothing more is required of you.

Self-assessment questions:

Select an answer for each question.

1. A city decides to create a Youth Advisory Council so that youth can provide advice on programs designed and run by adults. The young people are informed about how their input will be used and the outcomes of the decisions made by adults. Using Hart's Ladder, this is an example of:
 - a. Rung 8 – Young people and adult share decision-making
 - b. Rung 6 – Adult-initiated, shared decisions with young people
 - c. Rung 5 – Young people consulted and informed
 - d. Rung 3 – Young people tokenized

2. National data on developmental assets show consistent correlations between number of assets and both positive and high-risk behaviors. Which of the following would you predict when comparing youth with a higher number of assets to those with a lower number?
 - a. Youth with a higher number of assets are less likely to maintain good health (exercising and eating healthy food).
 - b. Youth with higher assets are less likely to have used illicit drugs (three or more times in the past 12 months).
 - c. Youth with higher assets are more likely to have had sexual intercourse three or more times in their lifetime.
 - d. Youth with higher assets are less likely to value diversity (i.e., think it is important to get to know people of other racial/ethnic groups).

3. After learning about youth asset development at the Preventive Medicine 2009 conference you decide to implement these ideas in your organization.
 - a. Youth asset development work should be a separate program with a staff person who independently implements all its activities.
 - b. Youth asset development work requires significant grant funding and should not be pursued until such funding becomes available.
 - c. Youth asset development work can be implemented by existing staff members in an organization with minimal specific funding.
 - d. Youth asset development work should only be implemented by a staff person with extensive specialized knowledge and training in this area.

4. The key to youth-friendly healthcare key is to:
 - a. Ensure that adolescents undergo a thorough physical exam every year.
 - b. Screen for STDs at every visit.
 - c. Include a parent or guardian during the history and physical exam whenever possible.
 - d. Take time to establish rapport and explain confidentiality at the start of each visit.

5. A minor's right to independently consent to and receive a health service is based on:
 - a. Age
 - b. Type of service
 - c. Provider's decision
 - d. A combination of federal, state and local regulations