

Clearing the Air:
**A Health Care Professional's Guide to Reducing
Exposure to Environmental Tobacco Smoke**

American Board of Preventive Medicine (ABPM) Maintenance of Certification (MOC)
EPIQ

SELF-ASSESSMENT Instructions and Answer Sheet
for ABPM Diplomates Board Certified in 1998 or Later

Personal Information:

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Instructions:

- Answer all five self-assessment questions
- Mail in, fax or email the ENTIRE packet to ACPM:

American College of Preventive Medicine

ATTN: MOC/EPIQ

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Washington, DC 20005

fax: 202-466-2662

mnath@acpm.org

- Once processed, ACPM will report your credits directly to ABPM. Nothing more is required of you.

Self-assessment Questions

1. Each of the following is a true statement about second hand smoke exposure EXCEPT:
 - a) Second hand smoke exposure is a leading preventable cause of morbidity and mortality in the United States.
 - b) Children exposed to second hand smoke at home are nearly 1.5 times more likely to begin smoking themselves compared with children not exposed at home.
 - c) Exposure to second hand smoke is causally related to an increased incidence of asthma.
 - d) Parents can effectively protect their children from the adverse health effects of SHS exposure by smoking in a separate room.
 - e) Exposure to maternal smoking more than doubles the risk of SIDS.

2. Screening for second hand smoke exposure involves which of the following?
 - a) Ask about smoke exposure at work.
 - b) Ask about ventilation systems.
 - c) Ask about household smoking rules.
 - d) A, B, and C
 - e) A, and C

3. Which of the following is/are office system changes that can support providers' efforts to intervene routinely with smokers?
 - a) Reminder system
 - b) Provider reminder plus provider education
 - c) Reducing patient out-of-pocket costs
 - d) Multi-component patient telephone support
 - e) All of the above

4. In order to effectively implement practice and or system change you must:
 - a) Develop an effective policy
 - b) Develop an effective protocol to insure that the policy is followed
 - c) Assess effectiveness through continuous quality improvement measures
 - d) All of the above

5. When creating a team to implement addressing tobacco use and dependence the following steps are necessary
 - a) Administrative commitment
 - b) Involve staff
 - c) Assign a coordinator
 - d) Provide training
 - e) Adapt to your setting
 - f) Monitor and provide feedback
 - g) All of the above