

A Systematic Community-Based Approach to Practicing Effective Asthma Management

American Board of Preventive Medicine (ABPM) Maintenance of Certification (MOC)

EPIQ

SELF-ASSESSMENT Instructions and Answer Sheet

for ABPM Diplomates Board Certified in 1998 or Later

Personal Information:

Full Name: _____

Daytime Phone Number: _____

E-mail Address: _____

I am a member of ACPM

ACPM Number _____ (email jedwards@acpm.org for number)

Instructions:

- Answer all five self-assessment questions
- Mail in, fax or email the ENTIRE packet to ACPM:

American College of Preventive Medicine

ATTN: MOC/EPIQ

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fax: 202-466-2662

mnath@acpm.org

- Once processed, ACPM will report your credits directly to ABPM. Nothing more is required of you.

Self-assessment Questions

1. The AH! Program serves approximately 975,000 adults and children in Portland, ME. How many of them have asthma?

- a. 5%
- b. 11%
- c. 30%
- d. 60%

2. Following the implementation of the AH! Program, 96% of patients/parents reported:

- a. they were more confident in taking care of their child's asthma
- b. a decrease in asthma attacks
- c. being an asthma specialist
- d. regular visits to the asthma educator

3. Following the implementation of the AH! Program, what was the increase in visits to the Asthma Educator:

- a. 5%
- b. 10%
- c. 15%
- d. 25%

4. An integrated health care service like the AH! Asthma Health program:

- a. increases the time health care providers will need to spend with their patients
- b. offers health care providers hands-on tools and education sessions for addressing asthma management
- c. provides health care providers with American Association for Respiratory Care certification
- d. supplies health care providers with free medications and devices for their patients

5. Which is a key indicator of measuring success?

- a. increased health care utilization
- b. decreased number of asthma plans written
- c. increased referrals for asthma self management
- d. decreased number of patients with persistent disease on controller medications